

“The Paradise Table” Book Club Discussion Guide

- *The Paradise Table*'s main character, Kate Grace, experiences a variety of synchronistic events and mystical happenings. Have you ever experienced a synchronistic or mystical incident?
- In *The Paradise Table*, the characters often talk about heaven and their loved ones in spirit. Do you believe in the afterlife?
- Do you feel under God's direction and by His will (without us seeking it out), that we are sometimes blessed with divine messages and inspiration? Share your thoughts on this topic, and experiences if applicable.
- In *The Paradise Table*, Kate dreams of sharing fun times with her family and friends. Who would you want sitting at your Paradise Table, and why?
- Research shows that spending time in nature is healing and good for your overall well-being. Do you believe this? What are some of your experiences in nature, and how did they impact you?
- In *The Paradise Table*, the characters love to connect at dinner gatherings. What is your favorite way to connect with friends and family?
- Living in “The Spirit of Aloha” or “The Way of Aloha” is by living a particular code of ethics which includes, but is not limited to showing love, kindness, understanding, respect, compassion, and tolerance. It also encompasses the thoughtful and deliberate preservation of the earth and its precious resources. How do the characters in *The Paradise Table* live aloha? Do you “Live the Way of Aloha?”
- A decades-held secret is revealed in *The Paradise Table*. How do keeping secrets hurt the characters in *The Paradise Table*? Discuss how keeping secrets can impact our health and our personal lives.
- Kate Grace struggles with her father's dating after her mother's death. What are the ways the characters in the book cope with and recover from loss? How do you cope and recover from loss?
- Prayer and a connection to the Divine are vital to Kate Grace. Why? What role do prayer and a personal relationship to God play in your life and why?

For Book Club Meetings and Interviews with Author Maryann Ridini Spencer call Ridini Entertainment Corporation, 818-884-0104 or email: recprinfo@gmail.com. Mention your request in the subject line of your email.

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by Maryann Ridini Spencer

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