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“The Paradise Table: a Kate Grace Mystery”

Novel explores the healing power of friendship and ‘doing unto others,’ the dangers of secret-keeping, and shines the light on the value of living authentically

Author Maryann Ridini Spencer’s follow-up novel to her award-winning “Lady in the Window”

Pre-Order Now, In stores October 22, 2019

Los Angeles, CA — Santa Rosa Press announces the October 22, 2019 hardcover, paperback and eBook release of *The Paradise Table: a Kate Grace Mystery* by Maryann Ridini Spencer (Hardcover: \$18.99 ISBN 978-0-9890405-1-8; Paperback: \$13.99 ISBN 978-0-9890405-6-3 and eBook: \$9.99 ISBN 978-0-9890405-7-0). In *The Paradise Table*, when a violent crime rocks the quiet serenity of Hanalei Bay, Kauai, writer Kate Grace taps into her intuition, dreams, and prayers to solve a decades-held mystery.

“Spencer once again magically weaves together the power of faith and love into an intriguing quest for truth. When violent dreams become reality in this peaceful island paradise, newlywed Kate unearths disturbing secrets that will change everyone’s lives, causing her to embark on a sometimes heartbreaking and shocking path. *The Paradise Table* is not just another mystery — it is a heartwarming validation of self-trust, friendship, love, and healing.” – *Kathy Strong, award-winning travel author Secret Southern California and columnist, USA Today/Gannett Newspapers*

The Paradise Table: a Kate Grace Mystery is Spencer’s follow-up novel to her award-winning *Lady in the Window*. A year after the tragic loss of her beloved mother, freelance lifestyle writer Kate Grace’s life seems to be turning around when she marries her soul mate, Dr. Kai Stevens, in paradise: Hanalei Bay, Kauai. But when a violent act shatters the quiet serenity of her new life, a shocking series of events are set in motion that lead to the confrontation of a devastating, decades-held secret. Still grieving and rocked by recent events, Kate must tap into her intuition, dreams, and prayer to understand synchronicities sent from the beyond in the hopes of bringing peace and healing to her family, friends, community ... and to herself.

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“Research shows what I’ve come to know: gatherings with family and friends are vital to our health, healing, and well-being, as well as our sense of belonging to a nurturing community,” said Spencer. “These types of gatherings also play a crucial role in ‘Living Aloha.’”

“My feelings about being in nature, as well as my interest in sustainable living practices (eating fresh, organic, and farm-to-table foods), and protecting the Earth’s environment for future generations is in line with the Hawaiians’ belief in living ‘The Way of Aloha’ or in the ‘Spirit of Aloha.’”

“I knew I wanted to incorporate the Aloha philosophy in *Lady in the Window* as a means for Kate to help heal herself and find her center. Her journey continues in *The Paradise Table*, as it will in future *Kate Grace Mysteries*.”

“I’m committed to writing themes that promote faith, hope, healing, forgiveness, understanding, humanity, love, compassion, and living the life God has intended for each one of us to live,” continues Spencer. “Whether it be a novel, movie or television screenplay, or in my work as a food and lifestyle journalist, radio and TV host, or on my *Simply Delicious Living* blog.”

“Both my characters in the *Kate Grace Mysteries*, Kate and Olivia, believe that love never dies and that, with God’s grace, we get divine inspirations validating that we are not alone.”

“As humans, I believe we’re all connected, and as we live and navigate life, we’re constantly learning, changing, and healing as we grow,” says Spencer. “A vital part of our journey on Earth is to learn to love and help one another. If we incorporate God’s teachings in our hearts, our thoughts, and our actions, we can all make a valuable difference in this world.”

About the Author

Maryann Ridini Spencer writes themes of *Aloha* ... penning award-winning novels and writing and producing critically-acclaimed projects for film and television. She also works as a TV-and-print food-and-lifestyle journalist, recipe developer/chef, and PR and Marketing Specialist. As president of Ridini Entertainment Corporation, a Public Relations, Marketing, Multimedia Content Creation, and Video, TV, Film, and Podcast Production Company, she is committed to creating, writing, producing, and promoting content that entertains, inspires, educates, and uplifts.

A member of the Writers Guild West and the Producers Guild of America, Maryann has produced movies and series for television that have appeared on CBS-TV, Showtime, SyFy, TMC, USA Networks, Time Warner Cable, and the foreign theatrical market. She is celebrated for co-producing/writing the teleplay for the Hallmark Hall of Fame movie *The Lost Valentine*. Based on the James Michael Pratt novel and starring Betty White and Jennifer Love Hewitt, over 15 million viewers tuned in to watch the film, winning CBS-TV the night in ratings. The movie, part of Hallmark’s Gold Crown (DVD) Collector’s Edition, can also be live-streamed on Hallmark’s movie channels.

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Maryann is also the creator, writer, producer, and host of the award-winning healthy living cooking series, cookbooks, and blog, *Simply Delicious Living with Maryann*®. The series is broadcast on PBS-TV station KVCR in Southern California, DirecTV, DishTV, and to a global audience on Maryann's YouTube Channel and blog at SimplyDeliciousLiving.com.

***The Paradise Table* BOOK LINKS:**

Amazon: <https://amzn.to/2MyVNSb>

Barnes & Noble: <http://bit.ly/2n0aiFw>

Author & Book Websites:

<https://maryannridinispencer.com/books>

<https://maryannridinispencer.com/the-paradise-table>

Video Book Trailer: <http://bit.ly/315GghZ>

Author Q&A Video: <http://bit.ly/313CzJP>

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