

Simply Delicious Living with Maryann®

AWARD WINNING

Simple, Healthy, Delicious “How-To” Cooking TV Series
(PBS Television/Syndication)

Healthy & Sustainable Living Lifestyle Blog
Online Magazine and iTunes Radio Show

Hosted by Award-Winning Author, Food & Lifestyle Journalist

MARYANN RIDINI SPENCER



Simply Delicious Living

Maryann Ridini Spencer



**Recipes for
Body, Mind, Spirit**



AWARDS

2018 Telly Award (How-To/DIY TV Series)

2017 WAVE Awards (Best TV Series and Best Instructional/DIY Series)

2016 W3 Silver Award for Website Excellence (SimplyDeliciousLiving.com)

2016 NAWBO Bravo Award “Visionary of the Year” (Maryann Ridini Spencer)

2015 CAPS MEDIA Award for Production Excellence (Simply Delicious Living)

2013 CAPS MEDIA Award (Variety Series)

About Simply Delicious Living WITH MARYANN®

Simple, Healthy, Delicious Recipes for People On the Go

Growing up in a large extended family that loved to gather and dine, I developed a love for cooking and entertaining at an early age. This passion led me to create recipes, and eventually, to write and produce cooking and healthy living TV series as well as work as a food and lifestyle TV and Print Journalist.

I created the concept for *Simply Delicious Living with Maryann®* out of my personal need as a wife, mother and working woman. When I come home after a busy day, I want to cook up something that tastes great, is easy to make, and is healthy and nutritious. While I'm sometimes tempted grab takeout or dine out, research shows that cooking at home is a lot healthier and less expensive than eating out. It's also a great way to ensure portion control, avoid food allergens, and gives you first-hand knowledge of exactly what you're eating so you can limit the processed ingredients, unwanted salt, and refined sugars. On my award-winning television series and blog, I prepare easy-to-make recipes made with fresh and natural ingredients developed for busy working people on the go. Join me for food, fun, and laughter in my country kitchen on our farm in Ventura County, CA, and on the shores of Hawaii.

Aloha,

Maryann



Maryann Ridini Spencer
SimplyDeliciousLiving.TV
Clean Eating with Simple and Delicious Recipes & Inspirations for Joyous Living

About Maryann

Maryann Ridini Spencer is an award-winning screenwriter, author, producer, television and print lifestyle journalist, and president of Ridini Entertainment Corporation, a Public Relations, Marketing and TV/Film Production Company. She has written and produced projects for Cable News Network, CBS-TV, PBS-TV, USA Networks, Showtime, Lifetime, and is celebrated for co-producing/writing the award-winning Hallmark Hall of Fame movie, *The Lost Valentine*, starring Betty White and Jennifer Love Hewitt, now considered a Hallmark classic. She is also the author of the award-winning novel, *Lady in the Window* (2017), *The Paradise Table* (2019), and the *Simply Delicious Living with Maryann®* — *Entrées* cookbook. Maryann enjoys working as a consultant, recipe developer and food stylist for such brands as Jarlsberg USA, Woolwich Dairy, Garlic Gold, and Beanitos. Her aprons, cookbook, and frameable note card art sell in stores in Hawaii and California.



Why Partner with Maryann?

Current research shows cooking at home is healthier and less expensive than eating out. (*USA Today*, *Science Daily*). In this fast-paced society, with approximately 129 million people employed full-time, whether your single or married (with or without children), there's a tremendous need for information on how to prepare simple, healthy, delicious meals.

- Reach 18+ million homes on PBS Television (KVCR in Southern California), DirecTV and Dish Network.
- Get access to a global audience with TV sponsorship and Product Placement on Roku (*Simply Delicious Living* Channel), Maryann's Award-Winning *Simply Delicious Living* Blog, YouTube.com/MaryannRidiniSpencer Channel, and Maryann's iTunes Channel.
- Let Maryann create custom articles, videos, radio shows, events, & more for you to publicize in your media and in all *Simply Delicious Living* media channels.



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Visit Maryann's Simply Delicious Living Blog at MaryannRidiniSpencer.com